



12690 Promise Road, Fishers, IN 46038
317-845-5582 www.hseyouthfootball.com

Welcome to the 2009 Fishers-Hamilton Southeastern Youth Football League (Fishers-HSE YFL) season. It should be an exciting year and we look forward to meeting everyone and revisiting with some familiar faces. The Fishers-HSEYFL continues to grow and provide a great opportunity for the families of HSE. We are anticipating almost 1,200 youth participants this year!

The purpose of the Fishers-HSE Youth Football Program is:

- To develop and maintain a properly supervised football league for youth from the first to eighth grades.
- To promote improved community relations by demonstrating an interest in the youth of our community.
- To encourage physical and mental growth through keen competition.
- To emphasize good citizenship and scholastic achievement.
- To nurture good sportsmanship and a sense of fair play.

We hope that you have a rewarding and exciting season. Please review the following information and enclosures prior to the onset of this 2009 season.

General Information

- 2009 Calendar
- Fishers-HSEYFL Leagues
- Uniforms
- Practices
- Off Season Conditioning Camp
- Concessions
- Evaluations
- Rules
- Opportunities to Make a Difference

In advance, thank you for your time, participation, and commitment to this league. Thanks also to all of our league and field sponsors. It is through the dedication of our many volunteers and supportive parents and sponsors that our league continues to get bigger and better.

We welcome your comments, suggestions, and input. Please direct all inquiries and comments to Board President Jim Wierciak at jcw0426@att.net

Fishers-HSEYFL Board

2009 Fishers-HSEYFL CALENDAR

May 9 (Sat) 9:00am-noon, Walk-in Registration at SPORTS Office
May 17 (Sun) 1:00pm-4:00pm, Walk-in Registration at SPORTS Office

June 5 Football coaching applications due to S.P.O.R.T.S Office. Applications are available on the football website.

June 9 (Tues) -

July 16 (Thur) Conditioning Camp - Every Tues. & Thurs. from 6:00–7:00pm at Mudsock Park. Camp is offered to 4th-6th grade (as of 2009-2010 school year) football players – ALL participants must be registered through S.P.O.R.T.S. for the 2009 season. This is a voluntary program, however, it is *strongly recommended for those players planning on trying out for the Knights IEFA travel team*. Questions, please contact Luke Dunnuck, 997-8275, or the S.P.O.R.T.S. office.

June 15 6th Grade equipment handout, 6pm-9pm at Mudsock Park *
June 22 5th Grade equipment handout, 6pm-9pm at Mudsock Park *
July 1 Open equipment handout, 6pm-9pm at Mudsock Park *
July 8 4th Grade equipment handout, 6pm-9pm at Mudsock Park *
July 15 3rd Grade equipment handout, 6pm-9pm at Mudsock Park *

Equipment will be turned in immediately following the team's last game.

****PLAYERS MUST BE PRESENT TO ENSURE A PROPER FIT.** If your child is not able to attend your designated grade handout, please make every effort to attend one of the other issue dates. **Equipment handout requires a \$100 deposit at the time equipment is issued.** This \$100 deposit will be refunded to you when equipment is returned at the end of the season following your child's last game.

****CONCESSION DEPOSIT**, due at equipment handout, of \$15 per player, \$30 family maximum, will be required of all tackle league participants for the 2009 season. This deposit may be earned back by working a two hour concession shift during the regular season. For further information, please refer to page 8 under Concessions of this handout.

July 20-24 Travel Team Evaluations/Tryouts (Knights and 5th and 6th Grade All-Star Teams)
(6pm-8pm at Mudsock Park) **Please see Travel Program guidelines on Page 5.**

The Knight's season will extend into Fall break due to playoffs. Please take this into consideration when trying out or making plans. Players are expected to be available during the fall break weekend for practice and games.

July 22 Mandatory Rec League Coaches Clinic 6:30 PM
Location TBD

Jul 28 – July 30 Recreation League Mini-Camps for Grades 3-6 * (3 nights)
All players and coaches are required to attend and participate – 6:00 PM. Location TBD.

August 1 & 2 Recreation League Evaluations *
All players will be required to attend the evaluation specific to their age. If they are unable to do so, they will be placed in a blind draft. Coach's children who do not attend will automatically be taken in the first round of the draft.
6th Grade – July 31st 5:00 PM – Sand Creek Intermediate, 11550 E. 131st Street, Fishers.
5th Grade – Aug. 1st 9:00 AM – Sand Creek Intermediate
4th Grade – Aug. 1st 11:30 AM – Sand Creek Intermediate
3rd Grade – Aug. 1st 2:30 PM – Sand Creek Intermediate

August 3 - 6 Football Draft - Coaches only (Location and time to be determined)

August 10 Mandatory Team Parent Meeting – Billerica Community Building, 8:00-9:00 PM

August 14 **Flag League Picture Day at Mudsock Park (Evening only)**
August 15 **Tackle League Picture Day at Mudsock Park**

August 14 & 15 2nd **Annual Fishers-HSE Youth Football League Food Drive & Silent Auction**

August 22 **Opening Day of Recreation League Season**
****GAMES WILL BE PLAYED ON SATURDAYS, AS WELL AS DURING THE WEEK UNDER THE LIGHTS. Schedules will be posted on the website mid August.**

October 10-11 **Tackle League Championship Weekend/Last Regular Season Game for Flag**

FISHERS-HSEYFL LEAGUES

RECREATION PROGRAM

Flag Football League – 1st Grade League/2nd Grade League

Commissioners: LH Bond, 265-4024
Joe Olexa, 418-3055

This league will be for any youth (male or female) in HSE entering the 1st or 2nd grade that is at least six (6) years of age but not nine (9) years of age prior to November 1st of the current season. This is a non-contact league for those youth who are ready to begin playing football. Coaches will work with the players on teaching the fundamentals of the game in a fun and enjoyable atmosphere.

The Flag leagues will be divided separately into 1st and 2nd Grades this season – no exceptions. The Flag leagues will honor only one request per player to be placed with a friend or for carpooling reasons. Thank you for supporting this change to the flag leagues.

3rd Grade Contact League

Commissioners: Eric Hohlt, 294-8467
Tony Lloyd, 716-9712

This league will be for any youth (male or female) in HSE entering the 3rd grade who is not ten (10) years of age prior to November 1st of the current season. A 3rd grade player must weigh a minimum of 45 pounds and shall not exceed 130 pounds; offensive backs, ends, and receivers are not to exceed 75 pounds. The emphasis of this league is on presenting the basic fundamentals of the game with football instruction. There are no playoffs at the end of this recreation season. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 3rd grade evaluations. This league plays at Mudsock Park.

There will be a 3rd grade All-Star Team at the conclusion of the season. Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioner and the Knights Head Coach, Luke Dunnuck, based on nominations from the league coaches.

4th Grade Contact League

Commissioners: Jeff Hanna, 439-9665
Doug Klink, 694-1743

This league will be for any youth (male or female) in HSE entering the 4th grade who is not eleven (11) years of age prior to November 1st of the current season. A 4th grade player must weigh a minimum of

45 pounds and shall not exceed 140 pounds; offensive backs, ends, and receivers are not to exceed 85 pounds. This is a competitive league with continued emphasis on the basic fundamentals of the game with additional football instruction. Scores/standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 4th grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 4th grade All-Star Team at the conclusion of the season. Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations from the league coaches.

5th Grade Contact League

**Commissioners: Jeff Dahlke, 752-0760
Jay Cowan, 797-2252**

This league will be for any youth (male or female) in HSE entering the 5th grade who is not twelve (12) years of age prior to November 1st of the current season. Any youth twelve (12) years of age prior to November 1st of the current season is ineligible for the league. A 5th grade player must weigh a minimum of 60 pounds and shall not exceed 155 pounds; offensive backs, ends, and receivers are not to exceed 100 pounds. This is a competitive league with continued emphasis on fundamentals of the game with a higher level of football instruction. Scores/standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 5th grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 5th grade All-Star Team, chosen among All-Star eligible players (see Travel Program Evaluations on pages 5-6). Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected among eligible players (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations of All-Star eligible players from the league coaches.

6th Grade Contact League

**Commissioners: Tim Burns, 523-8841
Mike Nash, 698-2050**

This league will be for any youth (male or female) in HSE entering the 6th grade who is not thirteen (13) years of age prior to November 1st of the current season. Any youth thirteen (13) years of age prior to November 1st of the current season is ineligible for the league. A 6th grade player must weigh a minimum of 60 pounds and shall not exceed 165 pounds; offensive backs, ends, and receivers are not to exceed 110 pounds. This is a competitive league with continued emphasis on fundamentals of the game with a higher level of football instruction. Scores/standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 6th grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 6th grade All-Star Team, chosen among All-Star eligible players (see Travel Program Evaluations on pages 5-6). Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The

best players will be selected among eligible players (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations of All-Star eligible players from the league coaches.

** No player will be allowed to play up in a grade absent extraordinary circumstances approved only by the Rules Committee and the Board President.

TRAVEL FOOTBALL EVALUATIONS (KNIGHTS AND 5TH AND 6TH GRADE ALL-STAR TEAMS)

Knights IEFA Travel Team

Travel Coach: Luke Dunnuck, 997-8275

Coaches: Luke Dunnuck is the Knights head coach. The Fishers-HSEYFL board of directors annually reviews and approves all assistant coaches as proposed by the head coach. The head coach will determine additional support staff.

Travel Football Program - Evaluations

July 20-24 Travel Football Evaluations (Knights and 5th and 6th Grade All-Star Teams)

6:00 pm - 8:00 pm at Mudsock Park

The Fishers-HSE Youth Football League (FHSEYFL) has one travel football program to provide more of our youth players with an opportunity to compete at the highest level against the best competition from other leagues in Central Indiana and the state. This travel football program is available for 5th and 6th grade tackle players (4th graders may tryout as well but the team historically consists of only 5th and 6th graders).

Within this program, there are two teams: 1) the **Knights** travel team and 2) the **Fishers-HSE All-Stars**. The Knights are the FHSEYFL's premier all-star team representing Fishers and HSE in the Indiana Elementary Football Association (IEFA). The Fishers-HSE All-Stars are the recreation league all-star teams that represent the FHSEYFL in the Border Wars Tournament following regular season recreational league play.

Evaluations for both teams will take place under the supervision of the Travel Football Commissioner and Knights Head Coach, Luke Dunnuck. All players will participate in travel evaluations for a minimum of three (3) nights. Those players not selected for the Knights will begin being notified AFTER the third evening of evaluations on Wednesday, July 22, 2009. Coach Dunnuck and his staff will continue evaluations for the remaining players and then select and post the final roster for the Knights at the conclusion of mini-camp/evaluations no earlier than Saturday, July 25, 2009 (final roster selections may extend into the next week).

Any player not selected for the Knights will automatically be *eligible* for the 5th or 6th grade Fishers-HSE All-Star teams. However, the Fishers-HSE All-Star teams for 5th and 6th graders will not be finalized until near the end of the recreation tackle season in mid-October, so as to enable the recreation league coaches to participate in the nomination of All-Star *eligible* players for the team.

Knights: The Knights are the premier, travel-only football team within the FHSEYFL. The Knights include 4th, 5th and 6th grade players. Over the last three seasons, the Knights were 42-2, including consecutive IEFA State Championships and undefeated seasons in 2005 and 2006. They were also State Champions for the 2008 season. In 2007, the Knights were undefeated in the regular season. The Knights also have won the Terry Prather IEFA Sportsmanship and

Spirit Award as voted on by the league coaches four of the past six seasons. In addition to building a tradition of success on the field, the Knights travel program strives to instill life long values and lessons in every player including discipline, leadership, determination, respect, honor and commitment.

During the week of travel evaluations beginning on July 20, Coach Dunnuck and his staff will select the players for the Knights. As noted, Coach Dunnuck and his staff will not narrow player selections until AFTER the third night of evaluations (Wednesday, July 22, 2009). The final roster for the Knights will be posted as early as Saturday, July 25, 2009, but may extend into the following week. For those players selected to play for the Knights, practice begins the week of July 27 or once the final roster has been set. The Knight's season will extend into Fall break due to playoffs. Please take this into consideration when trying out or making plans. Players are expected to be available during Fall break for practice and the IEFA tournament.

Any 4th, 5th or 6th grade player not selected for the Knights **MUST** attend recreation tackle league evaluations for their respective grades on July 31st (6th grade) or August 1st (4th and 5th grade).

Fishers-HSE 5th and 6th Grade All-Star Teams (eligibility): The Fishers-HSE All-Star teams for 5th and 6th grade are the FHSEYFL's teams that are comprised of recreation tackle league players who participated in travel evaluations July 20-24, 2009 **and** recreation league tackle evaluations on July 31st or August 1st **and** participated in the recreation tackle league season.

Any player not selected for the Knights is automatically *eligible* for the end of the season 5th or 6th Grade All-Star teams. The list of 5th and 6th grade players eligible for the All-Star teams will be posted no earlier than Saturday, July 25 by Coach Dunnuck.

Recreation tackle league coaches will nominate no more than four All-Star *eligible* players from each team near the end of the season although any All-Star *eligible* player may be selected. The recreation tackle league coaches will be notified if any nominated players are not All-Star eligible players (i.e., those who participated in July 20-24 travel evaluations). Final selections for the All-Star teams will be determined near the conclusion of the recreation tackle league seasons by Coach Dunnuck, the All-Star Head and Assistant Coaches and the league commissioners for 5th and 6th grade.

Practices and games for the Border Wars All-Star Tournament begin over Fall break. Please take this into consideration when trying out or making plans. Players are expected to be available during Fall break for practice and the All-Star tournament.

NOTE: Only those players participating in the travel football evaluations are eligible for selection on the 5th or 6th Grade All-Star teams if not selected to play for the Knights. This does not apply to 4th graders. No exceptions unless extraordinary circumstances (e.g. vacations do not qualify as an exception). Any request for an exception must be submitted to the Football Board by the All-Star Coach and approved by both the Football Board and the Knights Head Coach.

All-Star Coaches: The head coach of the 5th and 6th grade All-Star teams will be selected from all qualified coaching applicants received prior to the June 5, 2009 deadline for all recreation league coaching applications.

Approved by the Fishers-HSE Youth Football Board: May 8, 2008

UNIFORMS

Flag Uniforms will consist of the following:

- Game jersey (provided by the Fishers-HSEYFL): During league games, all football participants must be equipped with game jerseys that are numbered on the back.
- Pants (provided by parents/guardian)
- Mouthpiece: all football participants must be equipped with a mouthpiece, which will be in the players' mouth when the ball is in play.
- Cleats recommended

Contact League uniforms will consist of the following:

- Shoulder pads and helmet (provided by the Fishers-HSEYFL for deposit of \$100)
- Game jersey (provided by the Fishers-HSEYFL): During league games, all football participants must be equipped with game jerseys that are numbered on the back.
- Game Pants (provided by the Fishers-HSEYFL)
- Practice pants/pads (provided by parent/guardian)
- Mouthpiece: all football participants must be equipped with a mouthpiece, which will be in the player's mouth when the ball is in play.
- Cleats: No metal cleats allowed. Also, no metal part may protrude from the sole of the shoe.
- In addition, socks, helmet decals, and names on jerseys will be provided by the Fishers/HSEYFL.

Equipment handouts – please see calendar above for specific equipment handout dates and times.

PRACTICES

The following applies to the recreation program:

- Prior to the first game, each team is permitted a total of ten (10) practices with no more than three practices per week.
- A week is defined as Sunday through Saturday.
- Prior to the first game, practices may be held on Sundays after 1pm.
- There will be no Sunday practices after the first game unless 100% of all team parents consent.
- There will be a two-hour time limit for practices.
- Location and days of practices will be determined after the teams are formed.

OFF SEASON CONDITIONING CAMP

Summer Conditioning Coordinator: Luke Dunnuck, 997-8275

The Fishers-HSEYFL invites all 4th – 6th grade (as of 2009-2010 school year) football players to participate in an off season optional conditioning camp. This camp will be held every Tuesday and Thursday from 6pm –7pm at Mudsock Park. (All participants in the conditioning program must be registered through S.P.O.R.T.S. for the 2009 season.) This is a voluntary program however it is ***strongly recommended for those players planning on trying out for the Knights travel team.***

There is no fee for this camp. Camp t-shirts are \$15.00.

CONCESSIONS

The concession stand at Mudsock Park is a vital fundraiser for our football program. It provides us with a large percentage of the money we use to pay our referees each week. In the past, we have asked the parents to work concessions with varying degrees of success from a participation standpoint. We understand that there are differing opinions concerning the need for parents to volunteer; some actually enjoy it, while others would prefer to simply watch the game. We agree with both sides of thought, so with that in mind, we are giving you a choice. Fishers-HSE Youth Football League has implemented a concessions deposit program. The concessions deposit is just that, a DEPOSIT, to which each family will have two options; 1) volunteer to earn the entire amount back, or 2) donate it to cover the cost of employing adults to work in their place. This deposit will only be required of those parents with tackle league (not flag) players between the grades of 3 through 6, as they are the only ones who play at Mudsock.

Here's how it works:

The deposit is \$15 for each tackle player between the grades of 3rd to 6th. There is a maximum family deposit of \$30 for two children or more.

Concession deposits will be required during equipment handout. A separate check will be required for the concession deposit separate and apart from the equipment deposit of \$100. PLEASE REMEMBER TO BRING TWO CHECKS!! If you choose to work a shift rather than have your concession check cashed, the check will not be cashed, and will be given back to you upon completion of your two hour shift.

Each family has the opportunity to earn back the full deposit by volunteering to work a 2 hour shift in the concession stand. The volunteer must be an adult over the age of 18. A family's concession deposit check will be refunded immediately after the end of a volunteer shift

Those families choosing to volunteer must register the dates they would like to work no later than August 23, 2009. We hope this gives everyone time to review their child's schedule and make a determination of when they would like to volunteer. To choose your date, please email Kim Broughton at kbrough415@sbcglobal.net. Parents are NOT required to work a shift that coincides with their child's game.

We are very excited about this program as it provides a win, win for everyone. Those who chose to volunteer pay nothing and those who would prefer not to work concessions are no longer required to do so. This is something several other area programs have incorporated into their leagues and all view it as a resounding success. Anyone with questions is welcome to send an email to Kim Broughton at kbrough415@sbcglobal.net.

Thank you for supporting our concessions deposit program.

HIGH SCHOOL YOUTH FOOTBALL CAMPS

2009 HSE HIGH SCHOOL YOUTH FOOTBALL CAMP

The Hamilton Southeastern Football program will hold its annual youth football camp from July 6 - 8. This camp is for boys WHO WILL BE ENTERING grades 3, 4, 5, 6 or grades 7 and 8. Please visit their website at hse.k12.in.us.

2009 FISHERS HIGH SCHOOL YOUTH FOOTBALL CAMP

The Fishers Football program will hold its annual youth football camp on July 13-17 for boys entering grades 3-6, and July 20-24 for boys entering grades 7-8. Please visit their website at hse.k12.in.us.

Thanks to Coach May and Coach Wimmer for their support of youth football!!

FISHERS-HSE YOUTH FOOTBALL EVALUATIONS

RECREATION TACKLE PROGRAM

Please arrive at least 15 minutes early to register for evaluations.

July 28 - 30 Recreation Tackle League Mini-Camp (*please check website to verify times and locations*)

All players and coaches are required to attend and participate.

July 30 – Aug. 1

Recreation Tackle League Evaluations

All players will be required to attend the evaluation specific to their age. If they are unable to do so, they will be placed in a blind draft. Coach's children who do not attend will automatically be taken in the first round of the draft.

Please check website for grade specific dates and locations.

TRAVEL PROGRAM (Knights and 5th and 6th Grade All-Star Teams)

Travel Coach, Luke Dunnuck, 997-8275

No prior travel uniforms, etc. should be worn during the evaluations. Please be prompt.

July 20 – 24 Travel Team Evaluations/Tryouts (Knights and 5th and 6th Grade All-Star teams)
Mudsock Park 6pm – 8pm

Players that make the Knights Travel Team need not attend the recreational league camp and evaluations.

RULES

Please review the league rules. Rules are available on the web at www.hseyouthfootball.com. Rules were modified recently with respect to player eligibility, practices, standard offense, and playing time.

OPPORTUNITIES TO MAKE A DIFFERENCE

COACH A TEAM

We need quality, motivated individuals to instruct and guide a team of young players. Please consider being a head coach or assistant coach. Please note on registration forms your interest in coaching or contact **Joe Ford** jeford@harrisandford.com **Coaching applications are due to S.P.O.R.T.S. office by June 5, 2009.**

BECOME A SPONSOR

OUR YOUTH PROGRAM CANNOT BE FUNDED ON REGISTRATION FEES ALONE!

Sponsorship money helps pay for much needed capital improvements, field maintenance, referee fees, equipment, uniforms, trophies, and awards. We have some **great opportunities** for your contribution to be recognized throughout the community. Sponsorship fees are tax deductible as a promotional expense or as a charitable contribution (we are a 501(c)3 organization). More importantly, your contribution and sponsorship is ultimately helping the youth of our community. Please contact **Tim Burns** at 523-8841 for more details on the great sponsorship opportunities.

FUNDRAISING EFFORTS

***Silent Auction**, Mudsock Park, August 14th (evening only) & August 15th. If you or your business would like to donate, please contact **Kim Broughton** at kbrough415@sbcglobal.net.

***NFL/College Spirit Cups**

Thank you for supporting Fishers-HSE Youth Football.

If you have any questions, comments, or concerns, please contact Board President Jim Wierciak at jcw0426@att.net.

Thank you.