

S.P.O.R.T.S. Track & Field

(Spring/Summer 2010)

We are excited to provide 3rd through 8th graders an opportunity to participate in Track & Field. Youth will train and learn from a strong and experienced group of volunteer coaches. Our focus will be on fitness, fun and training to participate in meets including the USA Track & Field State Meet. This will be a great introduction to track & field or an opportunity to expand and extend the track season offered by local schools.

When

April 19th through June 20th

Practices will be held Mondays and Thursdays at 6PM and Saturday mornings (9 AM). Meets will be held on Saturdays (State Meet is Saturday and Sunday).

Where

Practices will be held at **Riverside Jr. High School** (Eller Road between 106th and 116th streets)

Events (Availability of some events varies by age group and meet)

Running events typically include from 100 meters to the 3,000 meters, relays, plus hurdles. Field events include long jump, high jump, shot put, discus, and javelin.

Cost

SPORTS fee \$80 (+\$10 late fee after April 30th) **plus** athletes **MUST** join USATF (expected fee is \$20) USATF State Meet entry fee (about \$5 to \$15 depending on # of events). Those who qualify for regional and national meets would have added meet fees and travel expenses if they choose to participate. SPORTS fee includes a singlet and shorts and participation in SPORTS-sponsored meets (about 3 meets). Jr. High track athletes - fee is \$40 and participation begins after completion of your school season and you must register by email at hoosierhousecalls@sbcglobal.net.

Meet Schedule

May 1st	Fishers Relays
May 22nd	Fishers Invitational
June 12 th	Fishers Classic
June 19/20 th	USATF State Meet, Indianapolis, Indiana
July 17	USATF Regional Meet (for those who qualify)
July 28-Aug 1st	USATF Nationals (for those who qualify)

Note: We understand that many of our children participate in other sports through early June. For those who have track & field as an option at school we encourage you to practice and compete for your school and practice with us when you can. We also welcome athletes who participate in other sports to practice and compete with us when possible. We expect many of our kids to have fewer conflicts with other sports as our season moves into June.

Additional Information at HSE Sports - 845-5582 and www.hsetrack.info