



## **SOUTHEASTERN RUGBY CLUB 2010 INFORMATION**

While many may view Rugby as a fringe sport, you may be surprised to learn that Rugby is actually the second most popular sport in the world behind soccer. Rugby is one of the fastest growing sports in the United States, with over 60 High school teams in the state of Indiana alone.

The allure of rugby is easy to understand yet hard to explain. Who can't appreciate the toughness required to play a fast-paced, hard-hitting game that is 80 minutes long with no timeouts and only a 5-minute half time! All players play both offense and defense at any given time during a game. And, most appealing is the fact that there is a position for everyone who wants to play. Above all, Rugby is a social sport that praises competition but demands good sportsmanship. As part of the Rugby tradition, the home team hosts the visiting team for an after game social, which is filled with good cheer and camaraderie.

### **About the Club:**

Coming off a 2009 Division II State Championship Runner-up season, the Southeastern Boys and Girls Rugby Club is set to begin our 2010 season as a Division I club traveling throughout the state of Indiana and participating in tournaments at Vanderbilt University as well as competing against nationally ranked teams from all over the Midwest. The club is comprised of (2) High school Boys teams (an A-side and B-Side), a High school Girls and a 7/8<sup>th</sup> grade team.

Coaches and referees are certified by USA Rugby and required to maintain ongoing training in order to keep the sport safe, fun, and enjoyable for all. While all of our coaches have some degree of playing experience, it is not a requirement and we welcome new volunteers and parents to the Southeastern Rugby coaching staff.

Visit our club website at [www.southeasternrugby.com](http://www.southeasternrugby.com) to learn more!

### **Rugby Registration:**

On January 12<sup>th</sup> we will conduct a Parent/Player Call-Out meeting at the HSE high school cafeteria. The meeting will begin at 7:00 pm. and the parents of high school boys and girls players are encouraged to attend. Call-out for Junior High school players will be announced at a later date. Practices will begin on Saturday, January 16<sup>th</sup>.

All players must register through the Indiana Rugby Union at <http://www.rugbyindiana.com/registration.html>

A payment plan and scholarships are available through Rugby Indiana. Fees can also be reduced through fund-raising opportunities which are also available and discussed during our call-out.

### **Equipment:**

Players are provided with uniforms, and a mouth guard. Players are responsible for providing their own cleats (boots in Rugby vernacular), however toe cleats are not permitted.

**Southeastern Rugby Club • 12690 Promise Road • Fishers • IN • 46038**

[www.southeasternrugby.com](http://www.southeasternrugby.com)