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Welcome to the 2010 Fishers-Hamilton Southeastern Youth Football League (Fishers-HSE YFL) season. It should be an exciting year and we look forward to meeting everyone and revisiting with some familiar faces. The Fishers-HSEYFL continues to grow and provide a great opportunity for the families of HSE. We are anticipating almost 1,200 youth participants this year!

The purpose of the Fishers-HSE Youth Football Program is:

- To develop and maintain a properly supervised football league for youth from the first to sixth grades.
- To promote improved community relations by demonstrating an interest in the youth of our community.
- To encourage physical and mental growth through keen competition.
- To emphasize good citizenship and scholastic achievement.
- To nurture good sportsmanship and a sense of fair play.

We hope that you have a rewarding and exciting season. Please review the following information and enclosures prior to the onset of this 2010 season.

#### General Information

- 2010 Calendar
- Fishers-HSEYFL Leagues
- Uniforms
- Practices
- Off Season Conditioning Camp
- Evaluations
- Rules
- Opportunities to Make a Difference

In advance, thank you for your time, participation, and commitment to this league. Thanks also to all of our league and field sponsors. It is through the dedication of our many volunteers and supportive parents and sponsors that our league continues to get bigger and better.

We welcome your comments, suggestions, and input. Please direct all inquiries and comments to Board President Dan Nixon at [dan\\_nixon1960@yahoo.com](mailto:dan_nixon1960@yahoo.com)

Fishers-HSEYFL Board

2010 Fishers-HSEYFL CALENDAR

May 2010: Fishers-HSEYFL Football Sign-up at S.P.O.R.T.S. Office

May 22 (Sat) 9:00am-1:00pm, Walk-in Registration at SPORTS Office

June 4 Football coaching applications due to S.P.O.R.T.S Office  
Applications are available on the football website.

June 8 Conditioning Camp

July 15 Every Tues. & Thurs. from 6:00–7:00pm at Mudsock Fields  
Camp is offered to 4<sup>th</sup>-6<sup>th</sup> grade (as of 2010-2011 school year) football players – ALL participants must be registered through S.P.O.R.T.S. for the 2010 season. This is a voluntary program, however, it is strongly recommended for those players planning on trying out for the Knights IEFA travel team. Questions, please contact Luke Dunnuck, 997-8275, or the S.P.O.R.T.S. office.

June 8 6<sup>th</sup> Grade equipment handout, 6pm-9pm at Mudsock Fields

June 21 5<sup>th</sup> Grade equipment handout, 6pm-9pm at Mudsock Fields

June 30 Open equipment handout, 6pm-9pm at Mudsock Fields

July 7 4<sup>th</sup> Grade equipment handout, 6pm-9pm at Mudsock Fields

July 14 3<sup>rd</sup> Grade equipment handout, 6pm-9pm at Mudsock Fields

*Equipment will be turned in immediately following the team's last game.*

PLAYERS MUST BE PRESENT TO ENSURE A PROPER FITTING. If your child is not able to make it to your designated grade handout, please make every effort to attend one of the other issue dates. Equipment handout requires a \$100 deposit at the time equipment is issued. This \$100 deposit will be refunded to you when equipment is returned at the end of the season following your child's last game.

\*\*CONCESSION DEPOSIT, due at equipment handout, of \$15 per player, \$30 family maximum, will be required of all tackle league participants for the 2010 season. This deposit may be earned back by working a two hour concession shift during the regular season. For further information, please refer to page on concessions of this handout.

July 19-23 Travel Team Evaluations/Tryouts (Knights and 5<sup>th</sup> and 6<sup>th</sup> Grade All-Star Teams)  
(6pm-8pm at Mudsock Park) Please see Travel Program guidelines on Page 5.

The Knight's season will extend into Fall break due to playoffs. Please take this into consideration when trying out or making plans. Players are expected to be available during the fall break weekend for practice and games.

July 21 Mandatory Rec League Coaches Clinic  
Fishers High School, hosted by Rick Wimmer, the clinic begins at 7:00 however all league coaches are invited to attend the high school practice from 4:45 – 7:00 pm

Jul 27 – 29 Recreation League Mini-Camps for Grades 3-6 (3 nights)  
All players and coaches are required to attend and participate – 6:00 PM.  
3<sup>rd</sup> grade is at Mudsock Fields  
4<sup>th</sup> – 6<sup>th</sup> grade locations TBD

July 30 31 Recreation League Evaluations  
All players will be required to attend the evaluation specific to their grade. If they are unable to do so, they will be placed in a blind draft. Coach's children who do not attend will automatically be taken in the first round of the draft. All evaluations are at Mudsock Fields  
6<sup>th</sup> Grade – July 30<sup>th</sup> 5:00 PM  
5<sup>th</sup> Grade – July 31<sup>st</sup> 9:00 AM  
4<sup>th</sup> Grade – July 31<sup>st</sup> 11:30 AM  
3<sup>rd</sup> Grade – July 31<sup>st</sup> 2:30 PM

PARENTS WILL NOT BE ALLOWED ON THE FIELD DURING EVALUATIONS- YOU MUST STAY IN THE BLEACHERS OR IN DESIGNATED AREAS! PLEASE DO NOT INTERFERE WITH THE COACHING STAFF- - THANK YOU FOR YOUR CO-OPERATION IN THIS.

- August 2 - 5 Football Draft - Coaches only (Location and time to be determined)
- August 9 Mandatory Team Parent Meeting – Billerica Community Building, 8:00-9:00 PM  
This is for uniform and handout and any potential fundraising information.
- August 14 Flag League Picture Day at Billerica Community Building (Evening only)
- August 15 Tackle League Picture Day at Billerica Community Building
- August 21 3<sup>rd</sup> Annual Fishers-HSE Youth Football League Food Drive & Silent Auction
- August 21 Opening Day of Recreation League Season  
Games will be play on Saturdays and Thursday throughout the season. Game schedules will be posted on the website in mid-August.
- October 9-10 Tackle League Championship Weekend/Last Regular Season Game for Flag

#### FISHERS-HSEYFL LEAGUES

RECREATION PROGRAM – Commissioner's names and numbers will be placed on the website.

Flag Football League – 1<sup>st</sup> Grade League/2<sup>nd</sup> Grade League

This league will be for any youth (male or female) in HSE entering the 1<sup>st</sup> or 2<sup>nd</sup> grade that is at least six (6) years of age but not nine (9) years of age prior to November 1<sup>st</sup> of the current season. This is a non-contact league for those youth who are ready to begin playing football. Coaches will work with the players on teaching the fundamentals of the game in a fun and enjoyable atmosphere.

The Flag leagues will be divided separately into 1<sup>st</sup> and 2<sup>nd</sup> Grades this season – no exceptions. The Flag leagues will honor only one request per player to be placed with a friend or for carpooling reasons. Thank you for supporting this change to the flag leagues.

3<sup>rd</sup> Grade Contact League

This league will be for any youth (male or female) in HSE entering the 3<sup>rd</sup> grade who is not ten (10) years of age prior to November 1<sup>st</sup> of the current season. A 3<sup>rd</sup> grade player must weigh a minimum of 45 pounds and shall not exceed 130 pounds; offensive backs, ends, and receivers are not to exceed 85 pounds. The emphasis of this league is on presenting the basic fundamentals of the game with football instruction. There are no playoffs at the end of this recreation season. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 3<sup>rd</sup> grade evaluations. This league plays at Mudsock Park.

There will be a 3<sup>rd</sup> grade All-Star Team at the conclusion of the season. Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioner and the Knights Head Coach, Luke Dunnuck, based on nominations from the league coaches.

4<sup>th</sup> Grade Contact League

This league will be for any youth (male or female) in HSE entering the 4<sup>th</sup> grade who is not eleven (11) years of age prior to November 1<sup>st</sup> of the current season. A 4<sup>th</sup> grade player must weigh a minimum of 45 pounds and shall not exceed 140 pounds; offensive backs, ends, and receivers are not to exceed 95 pounds. This is a

competitive league with continued emphasis on the basic fundamentals of the game with additional football instruction. Scores/ standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 4<sup>th</sup> grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 4<sup>th</sup> grade All-Star Team at the conclusion of the season. Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations from the league coaches.

#### 5<sup>th</sup> Grade Contact League

This league will be for any youth (male or female) in HSE entering the 5<sup>th</sup> grade who is not twelve (12) years of age prior to November 1<sup>st</sup> of the current season. Any youth twelve (12) years of age prior to November 1<sup>st</sup> of the current season is ineligible for the league. A 5<sup>th</sup> grade player must weigh a minimum of 60 pounds and shall not exceed 155 pounds; offensive backs, ends, and receivers are not to exceed 105 pounds. This is a competitive league with continued emphasis on fundamentals of the game with a higher level of football instruction. Scores/standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 5<sup>th</sup> grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 5<sup>th</sup> grade All-Star Team, chosen among All-Star eligible players (see Travel Program Evaluations on pages 5-6). Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected among eligible players (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations of All-Star eligible players from the league coaches.

#### 6<sup>th</sup> Grade Contact League

This league will be for any youth (male or female) in HSE entering the 6<sup>th</sup> grade who is not thirteen (13) years of age prior to November 1<sup>st</sup> of the current season. Any youth thirteen (13) years of age prior to November 1<sup>st</sup> of the current season is ineligible for the league. A 6<sup>th</sup> grade player must weigh a minimum of 60 pounds and shall not exceed 165 pounds; offensive backs, ends, and receivers are not to exceed 115 pounds. This is a competitive league with continued emphasis on fundamentals of the game with a higher level of football instruction. Scores/standings will be recorded. Each player will be assigned a team by a coach draft. Every player is required to attend the designated session for the 6<sup>th</sup> grade evaluations. This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game.

There will be a 6<sup>th</sup> grade All-Star Team, chosen among All-Star eligible players (see Travel Program Evaluations on pages 5-6). Individuals designated by the Fishers-HSEYFL Board who are experienced in the football program will coach this team as selected by the Coaches Committee. The best players will be selected among eligible players (not 2 from each team). The All-Star coaches choose the team in connection with the League Commissioners and the Knights Head Coach, Luke Dunnuck, based on nominations of All-Star eligible players from the league coaches.

Weight limits for backs for tackle leagues are currently under review by the Football Board and subject to change.

No player will be allowed to play up in a grade absent extraordinary circumstances approved only by the Rules Committee and the Board President.

TRAVEL FOOTBALL EVALUATIONS  
(KNIGHTS AND 5<sup>TH</sup> AND 6<sup>TH</sup> GRADE ALL-STAR TEAMS)

Knights IEFA Travel Team  
Travel Coach: Luke Dunnuck, 997-8275

Coaches: Luke Dunnuck is the Knights head coach. The Fishers-HSEYFL board of directors annually reviews and approves all assistant coaches as proposed by the head coach. The head coach will determine additional support staff.

Travel Football Program - Evaluations

July 19-23      Travel Football Evaluations (Knights and 5<sup>th</sup> and 6<sup>th</sup> Grade All-Star Teams)  
6:00 pm - 8:00 pm at Mudsock Fields

The Fishers-HSE Youth Football League (FHSEYFL) has one travel football program to provide more of our youth players with an opportunity to compete at the highest level against the best competition from other leagues in Central Indiana and the state. This travel football program is available for 5<sup>th</sup> and 6<sup>th</sup> grade tackle players (4<sup>th</sup> graders may tryout as well but the team historically consists of only 5<sup>th</sup> and 6<sup>th</sup> graders).

Within this program, there are two teams: 1) the Knights travel team and 2) the Fishers-HSE All-Stars. The Knights are the FHSEYFL's premier all-star team representing Fishers and HSE in the Indiana Elementary Football Association (IEFA). The Fishers-HSE All-Stars are the recreation league all-star teams that represent the FHSEYFL in the Border Wars Tournament following regular season recreational league play.

Evaluations for both teams will take place under the supervision of the Travel Football Commissioner and Knights Head Coach, Luke Dunnuck. All players will participate in travel evaluations for a minimum of three nights. Those players not selected for the Knights will begin being notified AFTER the third evening of evaluations on Wednesday, July 21, 2010. Coach Dunnuck and his staff will continue evaluations for the remaining players and then select and post the final roster for the Knights at the conclusion of mini-camp/evaluations no earlier than Saturday, July 24, 2010 (final roster selections may extend into the next week).

Any player not selected for the Knights will automatically be eligible for the 5<sup>th</sup> or 6<sup>th</sup> grade Fishers-HSE All-Star teams. However, the Fishers-HSE All-Star teams for 5<sup>th</sup> and 6<sup>th</sup> graders will not be finalized until near the end of the recreation tackle season in mid-October, so as to enable the recreation league coaches to participate in the nomination of All-Star eligible players for the team.

Knights: The Knights are the premier, travel-only football team within the FHSEYFL. The Knights include 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade players. Over the last 4 season seasons, the Knights have the IEFA State Championship 3 times. The Knights also have won the Terry Prather IEFA Sportsmanship and Spirit Award as voted on by the league coaches four of the past seven seasons. In addition to building a tradition of success on the field, the Knights travel program strives to instill life long values and lessons in every player including discipline, leadership, determination, respect, honor and commitment.

During the week of travel evaluations beginning on July 19, Coach Dunnuck and his staff will select the players for the Knights. As noted, Coach Dunnuck and his staff will not narrow player selections until AFTER the third night of evaluations (Wednesday, July 21, 2010). The final roster for the Knights will be posted as early as Saturday, July 24, 2010, but may extend into the following week. For those players selected to play for the Knights, practice begins the week of July 26 or once the final roster has been set. The Knight's season will extend into Fall break due to playoffs. Please take this into consideration when trying out or making plans. Players are expected to be available during Fall break for practice and the IEFA tournament.

Any 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> grade player not selected for the Knights MUST attend recreation tackle league evaluations for their respective grades on July 31st (6<sup>th</sup> grade) or August 1st (4<sup>th</sup> and 5<sup>th</sup> grade).

Fishers-HSE 5<sup>th</sup> and 6<sup>th</sup> Grade All-Star Teams (eligibility): The Fishers-HSE All-Star teams for 5<sup>th</sup> and 6<sup>th</sup> grade are the FHSEYFL's teams that are comprised of recreation tackle league players who participated in travel evaluations July 19-23, 2010 and recreation league tackle evaluations on July 30<sup>th</sup> or July 31<sup>st</sup> and participated in the recreation tackle league season.

Any player not selected for the Knights is automatically eligible for the end of the season 5<sup>th</sup> or 6<sup>th</sup> Grade All-Star teams. The list of 5<sup>th</sup> and 6<sup>th</sup> grade players eligible for the All-Star teams will be posted no earlier than Saturday, July 24<sup>th</sup> by Coach Dunnuck.

The recreation tackle league coaches will be provided with a list of All-Star eligible players (i.e. those who participated in July 19-23 travel evaluations) along with evaluations of each player by the Knights coaching staff. Recreation tackle league coaches will nominate no more than four All-Star eligible players from each team near the end of the season although any All-Star eligible player may be selected. Final selections for the All-Star teams will be determined near the conclusion of the recreation tackle league seasons by Coach Dunnuck, the All-Star Head and Assistant Coaches and the league commissioners for 5<sup>th</sup> and 6<sup>th</sup> grade.

Practices and games for the Border Wars All-Star Tournament begin over Fall break. Please take this into consideration when trying out or making plans. Players are expected to be available during Fall break for practice and the All-Star tournament.

NOTE: Only those players participating in the travel football evaluations are eligible for selection on the 5<sup>th</sup> or 6<sup>th</sup> Grade All-Star teams if not selected to play for the Knights. This does not apply to 4<sup>th</sup> graders. No exceptions unless extraordinary circumstances (e.g. vacations do not qualify as an exception). Any request for an exception must be submitted to the Football Board by the All-Star Coach and approved by both the Football Board and the Knights Head Coach.

All-Star Coaches: The head coach of the 5<sup>th</sup> and 6<sup>th</sup> grade All-Star teams will be selected from all qualified coaching applicants received prior to the June 4, 2010 deadline for all recreation league coaching applications.

Approved by the Fishers-HSE Youth Football Board: May 8, 2008

## UNIFORMS

Flag Uniforms will consist of the following:

- Game jersey (provided by the Fishers-HSEYFL): During league games, all football participants must be equipped with game jerseys that are numbered on the back.
- Pants (provided by parents/guardian)
- Mouthpiece: all football participants must be equipped with a mouthpiece, which will be in the players' mouth when the ball is in play.
- Cleats recommended

Contact League uniforms will consist of the following:

- Shoulder pads and helmet (provided by the Fishers-HSEYFL for deposit of \$100)
- Game jersey (provided by the Fishers-HSEYFL): During league games, all football participants must be equipped with game jerseys that are numbered on the back.
- Game Pants (provided by the Fishers-HSEYFL)

- Practice pants/pads (provided by parent/guardian)
- Mouthpiece: all football participants must be equipped with a mouthpiece, which will be in the player's mouth when the ball is in play.
- Cleats: No metal cleats allowed. Also, no metal part may protrude from the sole of the shoe.
- In addition, socks, helmet decals, and names on jerseys will be provided by the Fishers/HSEYFL.

## PRACTICES

The following applies to the recreation program:

- Prior to the first game, each team is permitted a total of eight (8) practices with no more than three practices per week.
- A week is defined as Sunday through Saturday.
- Prior to the first game, practices may be held on Sundays after 1pm.
- There will be no Sunday practices after the first game unless 100% of all team parents consent.
- There will be a two-hour time limit for practices.
- Location and days of practices will be determined after the teams are formed.

## OFF SEASON CONDITIONING CAMP

Summer Conditioning Coordinator: Luke Dunnuck, 997-8275

The Fishers-HSEYFL invites all 4<sup>th</sup> – 6<sup>th</sup> grade (as of 2010-2011 school year) football players to participate in an off season optional conditioning camp. This camp will be held every Tuesday and Thursday from 6pm –7pm at Mudsock Park. (All participants in the conditioning program must be registered through S.P.O.R.T.S. for the 2010 season.) This is a voluntary program however it is strongly recommended for those players planning on trying out for the Knights travel team.

Conditioning camp is free, camp tee shirts are available for \$15.00 each.

## CONCESSIONS

The concessions stand at Mudsock Field is a vital fundraiser for our football program. It provides us with a large percentage of the money we use to pay our referees each week. In the past, we have asked the parents to work concessions with varying degrees of success from a participation standpoint. We understand that there are differing opinions amongst all of you concerning the need for parents to volunteer; some actually enjoy it, while others would prefer to simply watch the game. We agree with both sides of thought, so with that in mind, we are giving you a choice. Fishers-HSE Youth Football League has implemented a concessions deposit program. The concessions deposit is just that, a DEPOSIT, to which each family will have two options. One, volunteer to earn the entire amount back, or two, donate it to cover the cost of employing local teenagers to work in their place. This deposit will only be required of those parents with tackle league (not flag) players between the grades of 3 through 6, as they are the only ones who play at Mudsock.

Here's how it works:

The deposit is \$15 for each tackle player between the grades of 3 through 6. There is a maximum deposit of \$30 for 2 children or more. Concession deposits will be required during equipment handout. A separate check

will be required from the equipment deposit of \$100. PLEASE REMEMBER TO BRING TWO CHECKS!! If you choose to work a shift rather than have your concession check cashed, the check will not be cashed, and will be given back to you upon completion of your two hour shift. Each family has the opportunity to earn back the full deposit by volunteering to work a 2 hour shift in the concession stand for each child in grades 3 through 6. The volunteer must be an adult. The refund of the concession fee will occur immediately after the end of a families' volunteer shift. Those families choosing to volunteer must register the dates they would like to work no later than August 15, 2010. This should give everyone time to review their child's schedule and make a determination. Detail on registering your day to work will be on the football website. Parents are NOT required to work a shift that coincides with their child's. We are very excited about this program as it provides a win, win for everyone. Those who chose to volunteer pay nothing and those who would prefer not to work concessions are no longer required to do so. This is something several other area programs have incorporated into their leagues and all view it as a resounding success.

### HIGH SCHOOL YOUTH FOOTBALL CAMPS

Information is available on the youth football website [HSEYouthfootball.com](http://HSEYouthfootball.com)

### OPPORTUNITIES TO MAKE A DIFFERENCE

#### COACH A TEAM

We need quality, motivated individuals to instruct and guide a team of young players. Please consider being a head coach or assistant coach. Please note on registration forms your interest in coaching or contact Joe Ford [jeford@harrisandford.com](mailto:jeford@harrisandford.com) Coaching applications are due to S.P.O.R.T.S. office by June 4, 2010.

#### BECOME A SPONSOR

##### OUR YOUTH PROGRAM CANNOT BE FUNDED ON REGISTRATION FEES ALONE!

Sponsorship money helps pay for much needed capital improvements, field maintenance, referee fees, equipment, uniforms, trophies, and awards. We have some great opportunities for your contribution to be recognized throughout the community. Sponsorship fees are tax deductible as a promotional expense or as a charitable contribution (we are a 501(c) 3 organization). More importantly, your contribution and sponsorship is ultimately helping the youth of our community.

Please contact Tim Burns at 523-8841 for more details on the great sponsorship opportunities.

#### FUNDRAISING EFFORTS

This is still under review by the board for 2010.

Thank you for supporting Fishers-HSE Youth Football.

If you have any questions, comments, or concerns, please contact Board President Dan Nixon at [dan\\_nixon1960@yahoo.com](mailto:dan_nixon1960@yahoo.com).

Thank you.