

Fishers / HSE Youth Football
Spring 2010 (7 v 7) Football League
www.hseyouthfootball.com

The Fishers / HSE Youth Football league is glad to announce our 3rd year of the Spring 7 v 7 Football League. The purpose of the league is to focus on development of skill positions on both offense and defense. The focus will be on development, not wins and losses. There is no end of season tournament or participation trophies for this league.

Teams:

Teams will consist of 10 to 12 players based upon the number of players in the league. Play will consist of 7 offensive players vs. 7 defensive players. All plays will be passing plays, no running plays. Coaches will serve as referees for this league.

Participation is limited to 5th / 6th graders and 7th / 8th graders. The 7 v 7 Committee will review the evaluations and divide the teams as evenly as possible. Players will wear helmets, mouthpieces, jerseys, shorts and cleats.

The selection of quarterbacks allows for only 2 quarterbacks per team determined at evaluations. If your child is interested in quarterbacking they must attend evaluations. **There are no exceptions to this rule.**

Equipment:

Helmets will be supplied by the league and will require a \$100.00 deposit check that will not be cashed. When the league is over and the helmet is returned the deposit check will be returned. A deposit is required on the helmets for all participants. **No exceptions.**

Coaches:

Coaches will be selected by the Coaches Committee following the same criteria as the tackle league. Applications are due no later than March 19, 2010. Applications are available at SPORTS office and on the youth football website.

Evaluations:

Evaluations will consist of the following lasting no more than 15 minutes:

40 yard dash

Agility drill

Throwing

Catching

Players should wear shorts, t-shirts, and tennis shoes.

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Game Rules:

Standard league rules apply with the following exceptions:

2 twenty minute halves

Quarterbacks will work off of a 7 v 7 "tee"

Once the ball is removed from the tee and the QB drops back, a beep goes off in 3-4 seconds and the ball is then marked dead at that spot if the pass is not thrown.

Teams will all use the same offensive plays and defensive formations provided by the 7 v 7 Committee.

Dates / Cost:

Registration is open through March 19, 2010. There will be a \$10 late fee on forms received after January 31, 2010.

Cost is \$50.00 per child

Evaluations - March 20 and March 27, 2010 from 1:00 pm to 4:00 pm at a site that will be posted on the Fishers/HSE Youth Football website.

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Practice – April 19 – 24, 2010 with a limit of 4 practices. No practices once games starts.

Games – will be on Sundays starting Sunday April 25, 2010 – May 16, 2010 at Fishers and Hamilton Southeastern High Schools. Double headers will be played each Sunday. Start time for the games is 5:00 pm.